








Nowenapa Aina Kakahiaka

November 2022 'Aina Kakahiaka Breakfast Menu

Menus include 1% OR Skim milk

All Menus subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
 1 CHICKEN PATTY RICE APPLE WEDGE PEACHES	1 CHICKEN PATTY RICE APPLE WEDGE PEACHES 	2 FRENCH TOAST APPLE CHIPS PINEAPPLE	3 PIZZA BAGEL MIXED FRUIT FRUIT JUICE 	4 COFFEE CAKE PORK SAUSAGE ORANGE WEDGE APPLE CHIPS
7 SAUSAGE PIZZA ORANGE WEDGE APPLE CHIPS	8 HOLIDAY ELECTION DAY	9 PORTUGUESE SAUSAGE RICE APPLE WEDGE PINEAPPLE	10 BREAKFAST KIT APPLE WEDGE	11 HOLIDAY VETERANS DAY
14 PLAIN BAGE CREAM CHEESE APPLE WEDGE PEARS 	15 FRUITED MUFFIN FRUIT JUICE PEACHES 	16 COUNTRY PIZZA PINEAPPLE CRAISIN	17 PORK PATTY RICE MIXED FRUIT FRUIT JUICE	18 CEREAL TOAST APPLESAUCE ORANGE WEDGE
21 CHEESE STICK MARINARA SAUCE PEACHES	22 PORTUGUESE SAUSAGE RICE APPLESAUCE CRAISINS	23 YOGURT GRANOLA PEARS APPLE WEDGE	24 HOLIDAY THANKSGIVING DAY	25 NO STUDENTS
28 FRENCH TOAST APPLE CHIPS PINEAPPLE	29 CHICKEN PATTY RICE APPLE WEDGE PEACHES	30 CEREAL TOAST PEARS APPLE WEDGE	COFFEE CAKE PORK SAUSAGE ORANGE WEDGE APPLE CHIPS 	PIZZA BAGEL MIXED FRUIT FRUIT JUICE 

This institution is an equal opportunity provider.

Nowenapa Aina Awakea

November 2022

'Aina Awakea Lunch Menu

All Menus include 1/2 pint milk

All Menus subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BEEF CHILI NACHOS GREEN SALAD JUICE SALSA	2 TASTY TENDERS STEAMED RICE VEGGIE STICK EDAMAME APPLESAUCE	3 BEEF PATTY STEAMED RICE BROCCOLI CORN ORANGE WEDGE	4 KALUA PORK W/ CABBAGE STEAMED RICE DICED TOMATO PINEAPPLE
7 MAC & CHEESE BABY CARROTS EDAMAME APPLE WEDGE	8 HOLIDAY ELECTION DAY	9 PEPPERONI PIZZA CUCUMBER CORN ORANGE WEDGE	10 BAKED CHICKEN STEAMED RICE BROCCOLI BAKED BEANS APPLE CHIPS	11 HOLIDAY VETERANS DAY
2 14 CHICKEN TENDERS STEAMED RICE CORN EDAMAME PEACHES	15 HOT DOG IN BUN TATER TOTS COLESLAW APPLE CHIPS	16 CHEESEBURGER WEDGE FRIES LETTUCE & TOMATO ORANGE WEDGE	17 CHEESE BITES VEGGIE STICKS MARINARA SAUCE FRUIT SLUSHY	18 CREOLE MAC GREEN SALAD EDAMAME APPLESAUCE FRENCH BREAD
8 21 FISH SANDWICH WEDGE FRIES CELERY STICK BAKED BEANS FRUIT FLUSHY	22 CHEESE PIZZA GREEN SALAD BABY CARROTS ORANGE WEDGE	23 ROAST TURKEY WHIPPED POTATOES ZUCCHINI STICK STEAMED CARROTS DICED PEAR WG ROLL	24 HOLIDAY THANKSGIVING DAY	25 NO STUDENTS
4 28 BEEF PATTY STEAMED RICE BROCCOLI CORN ORANGE WEDGE	29 BEEF CHILI NACHOS GREEN SALAD JUICE SALSA	30 CHICKEN SANDWICH POTATO FRIES LETTUCE & TOMATO EDAMAME APPLE WEDGE	 TASTY TENDERS STEAMED RICE VEGGIE STICK EDAMAME APPLESAUCE	 KALUA PORK W/ CABBAGE STEAMED RICE DICED TOMATO PINEAPPLE

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